

LifeMap:

Charting Your Course Through a Troubled World



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Getting our lives to a new place is very, very difficult given how stubborn our habits and dysfunctional ways of thinking can be, and given the challenges we face in life. But it IS possible to re-route your life and get to your destination. In this course, Dr. Nix helps you chart your course to a new level of life and the next version of you.

Perspective: What's Your Starting Point?

Session 1

Theme: Life is a long journey through a troubled world. We need to acknowledge fully where we are right now and what our real potential is.

Worksheets: Life Audit, Clean Sweep

Text: Gen. 3



Purpose: Finding True North

Session 2

Theme: Discover why God created you and use that as your life's compass. Cascading goals concept.

Worksheets: Life Planning Wheel, Life Purpose Worksheet

Text: Jonah 1



Plan: You Need a Road Map

Session 3

Theme: Must live life by design, by planning, by deciding, not sliding. The elements of a good plan.

Worksheets: Business Model You

Text: Gen. 37 - 42



People: Finding the Right Travel Companions

Session 4

Theme: Must seek the right people to travel with us or help us along the journey and leave the wrong people by the side of the road.

Worksheets: Team 100 Worksheet

Text: Exodus 17, 32



Provision: Seeking God's Treasure

Theme: Must seek God's provision God's way and manage our money wisely to fund the vision.

Session 5

Worksheets: Life Purpose Investment Plan

Text: Exodus 13, Deuteronomy 8



Persistence: Handling Obstacles & Detours

Theme: Every trip has major obstacles. Don't give up. Here's how to build your resilience.

Session 6

Worksheets: How to Lose Excess Weight Worksheet

